

SPRING 2012 TERM WEEKLY LESSONS ENROLMENT FORM



PUPILS NAME's: _____ SURNAME: _____ D.O.B/s: _____

ADDRESS: _____

POSTCODE: _____

HOME TELEPHONE No: _____ MOBILE TELEPHONE No: _____

EMAIL ADDRESS: _____

SWIMMING LESSONS CLASS SELECTION -PLEASE SELECT A FIRST & SECOND CHOICE **PLEASE NOTE LESSONS ARE SOLD ON A FIRST COME FIRST SERVE BASIS**
 One to one lessons are available on request with Lauren these are £15 per session and are also a block booking, please Ask Susanne for details.

CARR SCHOOL MONDAY'S STARTING 9th JANUARY
 CLAIRE TRACY
 Stage 3 3:30-4pm Stage 5
 Stage 2 4pm-4:30 Stage 2 4yrs
 Stage 3 4:30-5pm Stage 4
 Stage 2 5pm-5:30 Stage 1
Monday's is a eleven week course, with a week's break for the February half term =£46.75.

CARR SCHOOL TUESDAY'S STARTING 10th JANUARY
 CLAIRE SUSANNE
 Stage 3 3:30-4pm Stage 2
 Stage 5 4pm-4:30 Stage 4
 Stage 3 4:30-5pm Stage 2
 Stage 2 5pm-5:30 Stage 2 4&5yrs
Tuesday's a eleven week course, with a week's break for the February half term =£46.75.

ST PETER'S TUESDAY'S STARTING 10th JANUARY
 LAUREN SIMON
 Stroke 7:30-8pm Adult Beg
 technique for Adults.
8pm - 8.30
 Adult intermediate
 Lauren will be teaching in & Simon will be out of the water.
 Tuesday's adult lessons are a eleven week course, with a week's break for the February half term =£49.50.

ST PETER'S TUESDAY'S STARTING 10th JANUARY
 TRACY Challenge awards
7:30-8pm Bronze & Silver
8.30-9pm Gold & Honors
 Tuesday's coaching is a eleven week course, with a week's break for the February half term =£ 63.25
 Parent fitness swim session
 : - : 11 sessions at £2.50 =£27.50
 Limited places available

CARR SCHOOL WEDNESDAY'S STARTING 4th JANUARY
 TRACY SUSANNE
 Stage 2 3:30-4pm Stage 1 4yrs
 Stage 2 4yrs 4pm-4:30 Stage 3
4:30-5pm
 Stage 3 5pm-5:30 Stage 4/5
 Wednesday's lessons are a **twelve** week course, with a week's break for the February half term =£51.00

CARR SCHOOL FRIDAY'S STARTING 6th JANUARY
 LAUREN SUSANNE
 Stage 5 3:30-4pm Stage 4
 Stage 1 4pm-4:30 Stage 2
 Stage 4 4:30-5pm Stage 3
 Stage 2 5pm-5:30 Stage 2
 Friday's lessons are a **twelve** week course, with a week's break for the February half term =£51.00

St PETERS SCHOOL FRIDAY'S STARTING 6th JANUARY
 LAUREN SIMON
 Stage 6 7:00 - 7:30 Stage 5 +
 In deep water
 SUSANNE
 Stage 7 7:00 - 7:30 Stage 8
 Friday, a **twelve** week course, with a week's break for the February half term =£54.00

CARR SCHOOL SATURDAY'S STARTING 7th JANUARY
 LAUREN SUSANNE
 DUCKLINGS 2-4YRS 9am-9:30
 Stage 2 4yrs 9:30 - 10:00 Stage 1 4yrs
 Stage 3 10:00 - 10:30 Stage 2
 Stage 4 10:30 - 11:00 Stage 3
 Stage 1 for 4yrs 11 - 11:30 Stage 2
 DUCKLINGS 2-4YRS 11:30 - 12:00
 Saturday's lessons are a **fourteen** week course, with a week's break for the February half term =£51.00

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HEALTH INFORMATION To ensure that we are aware of any personal health issues of your child which may affect their Swimming Lessons experience. Please detail below any medical conditions and treatment (i.e. asthma or wears glasses):

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IMPORTANT INFORMATION
 ➤ Remember not to eat before a Swimming Lesson: meals / snack should be approximately 1 – 2 hours before entering the water.
 ➤ In the unfortunate event of a lesson having to be cancelled by the swimming pool operator, a credit note will be issued to the value of the lesson(s), unless an additional session can be added at the end of the term.
 ➤ We reserve the rights to change swimming instructors due to unforeseen circumstances, although every effort will be made to avoid this whenever possible.
 ➤ For health and safety reasons parents, guardians and children are kindly reminded to wait with the children while the swimming lessons are in progress. Please be seated on the benches provided and not interrupt with children while in their lesson.
 ➤ Pupils and spectators must enter the poolside area bare foot or using shoe covers these can be purchased for 20p from Froggy Legs Swim School.
 ➤ Due to small seating area please don't enter the pool area until 5mins before the lesson starts.
 ➤ Please keep me up to date with your child's information (i.e. medical conditions, emergency contact details etc) so that we may provide the best service for you.
 ➤ All children must be clean before entering the pool area. Those children with verrucas must wear swim socks. Food must not be taken on poolside.

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Further to NSPCC advice, we are required to inform you that there are aspects of our teaching which require "hands on" technique. This type of physical contact between teacher and swimmer will be done in full view of the seating area for the following reasons:
 • Where it is essential to support the swimmer during the early stages of learning a skill or stroke technique for safety reasons.
 • To develop skill technique (e.g. teachers holding either legs or feet to correct technique)
 • To prevent or treat an injury (all staff are first aid and or Life guard qualified)

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PARENT / GUARDIAN SIGNATURE: _____ DATE: _____
 I the parent / guardian of the named child/ren agree to pay for the above course unless given one month notice in writing to F.L.S.S; I also agree to follow the above information.

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 F. L. S. S. 6 CAXTON AVE, OUSE ACRES, YORK YO26 5SN PLEASE MAKE CHEQUES PAYABLE TO F.L.S.S

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DATA PROTECTION From time to time we may wish to contact you about news, events and offers. If you DO NOT wish to receive this information please tick this box.

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Office_use, Payment received: _NO_YES Date Received: _/_/_ CASH _ CHEQUE _ Confirmation sent: _NO_YES Stage recommended by Teacher Badges given by Teacher

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