

# SUMMER 2012 TERM WEEKLY LESSONS ENROLMENT FORM



PUPILS NAME'S: \_\_\_\_\_

SURNAME: \_\_\_\_\_

D.O.B/s: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

POSTCODE: \_\_\_\_\_

HOME TELEPHONE No: \_\_\_\_\_

MOBILE TELEPHONE No: \_\_\_\_\_

EMAIL ADDRESS: \_\_\_\_\_

**SWIMMING LESSONS CLASS SELECTION -PLEASE SELECT A FIRST & SECOND CHOICE PLEASE NOTE LESSONS ARE SOLD ON A FIRST COME FIRST SERVE BASIS**

One to one lessons are available on request with Lauren these are £15 per session and are also a block booking, please Ask Susanne for details.

**CARR SCHOOL MONDAY'S STARTING**  
**CLAIRE** **TRACY**

Stage 3:30-4pm Stage   
 Stage 4pm-4:30 Stage   
 Stage 4:30-5pm Stage   
 Stage 5pm-5:30 Stage

Monday's is a weekly course, with a week's break for the half term . 1:2:1's are £15 per session.

**CARR SCHOOL TUESDAY'S STARTING**  
**CLAIRE** **SUSANNE**

Stage 3:30-4pm Stage   
 Stage 4pm-4:30 Stage   
 Stage 4:30-5pm Stage   
 Stage 5pm-5:30 Stage

Tuesday's a weekly course, with a week's break for the half term. 1:2:1's @ £15 each

**ST PETER'S TUESDAY'S STARTING**  
**LAUREN** **TRACY'S Challenge awards**

Stroke technique 7:30-8pm Bronze & Silver  
 Adult beginners 8pm - 8.30 Gold & Honnors  
 Lauren will be teaching in the out of the water.  
 Parent fitness swim session  
**7:30-8:30 11 sessions at £2.50 =£27.50**  
**Limited places available**

Tuesday's adult lessons are a weekly course, with a week's break for the half term.

**CARR SCHOOL WEDNESDAY'S STARTING**  
**TRACY** **SUSANNE**

Stage 3:30-4pm Stage   
 Stage 4pm-4:30 Stage   
 Stage 4:30-5pm Stage   
 Stage 5pm-5:30 Stage

Wednesday's lessons a weekly course, with a week's break for the half term.

**CARR SCHOOL THURSDAY'S STARTING**  
**TRACY** **LAUREN**

Stage 3:30-4pm Stage   
 Stage 4pm-4:30 Stage   
 Stage 4:30-5pm Stage   
 Stage 5pm-5:30 Stage

Thursday's lessons a weekly course, with a week's break for the half term.

**CARR SCHOOL FRIDAY'S STARTING**  
**LAUREN** **SUSANNE**

Stage 3:30-4pm Stage   
 Stage 4pm-4:30 Stage   
 Stage 4:30-5pm Stage   
 Stage 5pm-5:30 Stage

Friday's lessons a week course, with a week's break for the half term

**St PETERS SCHOOL FRIDAY'S STARTING 6<sup>th</sup> JANUARY**  
**LAUREN** **SIMON**

Stage 6 7:00 - 7:30 Stage 5 +   
 In deep water

**SUSANNE**  
 Stage 7 7:00 - 7:30 Stage 8

Friday, a weekly course, with a week's break for the half term.

**CARR SCHOOL SATURDAY'S STARTING**  
**LAUREN** **SUSANNE**

DUCKLINGS 2-4YRS 9am-9:30  
 Stage 9:30 - 10:00 Stage   
 Stage 10:00 - 10:30 Stage   
 Stage 10:30 - 11:00 Stage   
 Stage 11:00 - 11:30 Stage   
 Stage 11:30 - 12:00 Stage

Saturday's lessons a weekly course, with a week's break for the half term.

**HEALTH INFORMATION** To ensure that we are aware of any personal health issues of your child which may affect their Swimming Lessons experience. Please detail below any medical conditions and treatment (i.e. asthma or wears glasses):

**IMPORTANT INFORMATION**

- Remember not to eat before a Swimming Lesson: meals / snack should be approximately 1 – 2 hours before entering the water.
- In the unfortunate event of a lesson having to be cancelled by the swimming pool operator, a credit note will be issued to the value of the lesson(s), unless an additional session can be added at the end of the term.
- We reserve the rights to change swimming instructors due to unforeseen circumstances, although every effort will be made to avoid this whenever possible.
- For health and safety reasons parents, guardians and children are kindly reminded to wait with the children while the swimming lessons are in progress. Please be seated on the benches provided and not interrupt with children while in their lesson.
- Pupils and spectators must enter the poolside area bare foot or using shoe covers these can be purchased for 20p from Froggy Legs Swim School.
- Due to small seating area please don't enter the pool area until 5mins before the lesson starts.
- Please keep me up to date with your child's information (i.e. medical conditions, emergency contact details etc) so that we may provide the best service for you.
- All children must be clean before entering the pool area. Those children with verrucas must wear swim socks. Food must not be taken on poolside.

Further to NSPCC advice, we are required to inform you that there are aspects of our teaching which require "hands on" technique. This type of physical contact between teacher and swimmer will be done in full view of the seating area for the following reasons:

- Where it is essential to support the swimmer during the early stages of learning a skill or stroke technique for safety reasons.
- To develop skill technique (e.g. teachers holding either legs or feet to correct technique)
- To prevent or treat an injury (all staff are first aid and or Life guard qualified)

All children with hair of 2inches or longer **must** wear a swim cap. These can be purchased from Froggy legs swim school, latex £1  or polyester £2.50  Please tick if a swim hat needs to be purchased and add correct cost of hat to enrolment payment.

PARENT / GUARDIAN SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

I the parent / guardian of the named child/ren agree to pay for the above course unless given one month notice in writing to F.L.S.S; I also agree to follow the above information.

**PLEASE RETURN ENROLMENT FORM TO ADDRESS BELOW AS SOON AS POSSIBLE PAYMENT NOT REQUIRED TO BOOK PLACE**

F. L. S. S. 6 CAXTON AVE, OUSE ACRES, YORK YO26 5SN PLEASE MAKE CHEQUES PAYABLE TO F.L.S.S

DATA PROTECTION From time to time we may wish to contact you about news, events and offers. If you DO NOT wish to receive this information please tick this box.